



The Toronto Institute for Relational Psychotherapy

2023-24 Application for Admission

Name:	
Pronouns:	
Address:	
Telephone:	
Email address:	

Please note: For new students, attendance at the Anti-Oppression and Ethics and Jurisprudence workshops are mandatory. Weekend retreats are mandatory for all students. If you have a conflict with any of these dates, please consider applying next year.

- Anti-Oppression workshop: Saturday, September 23, 2023
- Ethics and Jurisprudence workshop: Saturday, February 3, 2024
- Fall weekend: November 3-5, 2023
- Spring weekend: March 15-17, 2024
- Group interviews will be held on Friday, May 26, 2023 in Toronto. Should you be invited to attend and wish to participate, you will need to make yourself available in person on that day. Note: Interviews will be done in person unless public health protocols advise otherwise.

Requirements:

1. **Attach a brief essay of at least 2-3 pages that describes your readiness for this program. Include relevant autobiographical information—significant life experiences that relate to your desire to become a psychotherapist.**
2. **Attach a current resume outlining your academic background and work experience.**
3. **Proof of your academic prerequisites are required. Please provide proof of your highest degree and / or post-secondary education details. An official transcript is not required as proof. A photo / photocopy of a transcript or a degree / diploma etc. is sufficient.**
4. **List any training experience in psychotherapy.**

5. **Record of Psychotherapy Sessions:** The minimum requirement for considering your application is that by the application deadline of March 31st, you need to have had a minimum of 30 sessions of personal psychotherapy, with a frequency of weekly or bi-weekly with the same therapist within the last 3 years. This requirement is rooted in the necessity of having substantially begun the personal development that is an essential aspect of the training and starting/continuing that personal development in a time period reasonably proximal to the training. We recognize that this information constitutes Personal Health Information and we take reasonable steps to keep it confidential within the application process. Please complete the chart below:

Psychotherapy Session Matrix

Therapist and Credential (Name Optional)	Approach (if known)	Frequency	Date Range	Total sessions
A.				
B.				
C.				
D.				
E.				

6. List other personal growth activities

7. List any professional affiliations.

8. How did you hear about TIRP?

9. What made you decide to apply to TIRP? What criteria did you use?